



tantrafestival

The Sutras of Love PROGRAMME

Friday

Hridaya hall

7:00 – 9:30pm Opening ceremony & workshop including artistic performances

Saturday

Hridaya hall

10:15 – 11:30am
Morning Ritual

11:45 – 1:00pm
Yoga in Pairs

1:00 – 2:00pm Lunch break

2:00 – 3:30pm
Workshop: Union of the Heart Couples

4:00 – 5:30pm
Workshop for women: Insatiable Woman

6:00 – 7:30pm
Workshop: ArtExtasia

7:30 – 8:30pm Dinner break

8:30 – 10:30pm
Ecstatic Dance

Shiva hall

10:45 – 11:30am
Talk: The Sutras Come to Life

11:45 – 1:00pm
Workshop: Embodied Tantra

1:00 – 2:00pm Lunch break

2:00 – 3:30pm
Workshop: Soulful Dating for Singles

4:00 – 5:30pm
Workshop for men: Masculine Power
of the Heart

6:00 – 7:30pm
Workshop: TBC

7:30 – 8:30pm Dinner break

Sunday

Hridaya hall

10:30am – 12:00pm
Yoga to Feel Juicy (for women only)

12:15 – 1:30pm
Workshop: Breaking the Porn myth

1:30 – 2:30pm Lunch break

2:30 – 4:00pm
Workshop: ArtExtasia

4:30 – 6:00pm
Workshop: TBC

6:00 – 6:30pm Tea break

6:30 – 8:00pm
Closing Ceremony & Conclusions

8:00 – 9:00pm
Talk: Savouring the Festival Fully

Shiva hall

10:30am – 12:00pm
Yoga for Willpower (for men only)

12:15 – 1:30pm
Workshop: Symbolism of the Yoni & Lingam

1:30 – 2:30pm Lunch break

2:30 – 4:00pm
Workshop: The Artist of Love: Truth as Intimacy

4:30 – 6:00pm
Workshop: Tantric Massage demo

6:00 – 6:30pm Tea break

This programme is subject to change.
Please check our website for updates